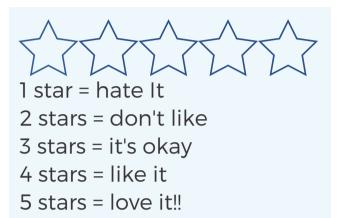
TRAINING THE TASTEBUDS

Taste test

This week try a new fruit or vegetable and do a taste test as a family. For younger kids, this can be a thumbs up or thumbs down, for older kids use the star rating below.





food	rating
What did you like about this activity? Can you think of any fruits or vegetables you would like to try in the future?	

