



# Behavior Intervention Guide



Navigate**360**

*Building safer tomorrows.*

# Suite360 Behavior Intervention

With Navigate360 Behavior Intervention, schools can address behavior issues while keeping students in the classroom, preventing learning loss and reducing the potential for students to get into more trouble during suspensions.

Navigate360 Behavior Intervention gives schools and teachers a research-proven way to meet the social-emotional needs of students and to help them develop positive behaviors that will allow them to access their education while maintaining high expectations. Our program easily integrates with any district's existing discipline matrix and offers flexible delivery and implementation options to meet your needs. Easily accessible digital records ensure program transparency and support so that stakeholders and administrators can monitor all behavioral interventions for consistency and effectiveness.

The Behavior Intervention library includes over 200 scaffolded lessons for students in all grade levels across topics such as:

**Absenteeism and Tardiness**

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**Academic Integrity**

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**Bullying and Cyberbullying**

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**Digital Citizenship**

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**Substance Abuse**

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**Equity and Tolerance**

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**Anger Management and Self-control**

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**Respect**

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## Proven Research

A school district in Florida that used Navigate360 Behavior Intervention lessons with students who exhibited challenging behaviors reported fewer occurrences of in-school suspension (6.81% of reported disciplinary actions compared to 9.39% statewide), out-of-school suspension (4.88% of reported disciplinary actions compared to 10.04% statewide), and expulsion (0% of reported disciplinary actions compared to 0.14% statewide).

To request a copy of our intervention research report, contact us at [info@Navigate360.com](mailto:info@Navigate360.com).

**“When implemented with fidelity and with supportive leadership, the outcomes are clear. Students in ECSD stayed in school and in the classroom at higher rates than those of the closest comparison district. That commitment begins with district leadership committed to the elimination of traditional punitive discipline approaches that have been found to be ineffective. Then, with professional development, support of leadership, and curricular support through programs like Navigate360 Behavior Intervention, students can learn from their mistakes, stay in the classroom, and thrive.”**

**— Jeremy Tompkins  
Coordinator of Student Engagement  
Escambia County School District**

# Navigate360

## Behavior Intervention Lesson Library

### Elementary

#### Anger Management & Self-Control

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- Calming My Strong Feelings
- Intimidation
- Learning Self-Regulation for School Success
- Losing Control of Appropriate Behavior

#### Attendance & Tardiness

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- Attendance and Tardiness

#### Being Responsible

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- Accepting the Consequences of Irresponsibility
- It's Not My Fault! Accepting Responsibility
- On Track to Following Directions
- On Track to Following Directions in School
- Organized and Prepared for School
- Rules, Rules, Rules!
- School Rules Keep Us Safe
- There Are so Many Rules!
- Work Completion for Elementary Students

#### Bullying

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- Be Against Bullying
- Big Bullies
- Bully, Bully, Go Away
- Bullying Hurts
- Bullying Hurts, Empathy Helps
- Don't Stand By When You Can Stand Up
- I am an Upstander
- Keep Calm and Stop Bullying
- The Problem of Bullying
- Unkind, Hurt, Fear

#### Conduct

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- Busted on the Bus
- Fighting Bias and Discrimination
- Following the Rules
- I Can Focus and Pay Attention
- I Can Use My Words to Get Help
- I Have Self-Control
- Predicting Consequences
- Safe Behavior

## Elementary continued

### Conflict

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- Conflict Resolution
- Conflict Resolution: Gossip
- How to Problem Solve
- I Am a Peacemaker
- I Know How to Be a Kind Friend
- Let's All Get Along
- Peer Pressure and How to Avoid it
- Personal Space
- Sharing and Taking Turns
- The Dangers of Trespassing
- Ways to Play
- Working Together

### Digital Safety

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- Digital Responsibility 1 and 2
- Digital Responsibility 3 and 4
- My Role as an Active and Engaged Student Who Is Digitally Responsible

### Honesty

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- Honest Citizens
- Honesty in Your Work
- Honesty Is the Best Policy

### Respect

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- Listening and Responding Respectfully
- Making False Accusations Against School Staff
- Respect at School
- Respecting Classroom Materials Is Everyone's Job!
- Showing Empathy to Others
- Showing Respect
- Using Positive Language
- What Is Respect in Elementary School

### Substance Abuse

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- Effects of Substances on the Body
- It's Great to Share, Just Not Prescription Medication
- Just Say No and Stay Healthy
- Medicine at School
- Tobacco, Alcohol, and Saying No
- Vaping: It's Not Healthier than Smoking
- Vaping: Do You Know the Consequences?
- What Is Medicine?

## Middle School

### Anger Management & Self-Control

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- Different Forms of Aggression  
(CONTENT ADVISORY\*)
- Choosing Non-Aggressive Words and Body Language
- Control Your Anger
- Learning the Consequences of Aggression  
(CONTENT ADVISORY\*)
- Why Do I Struggle with Controlling Impulses?
- You're in Control

### Attendance & Tardiness

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- Be Attendance Aware: Strategies for Staying in School
- Consequences of Being Late in Middle School
- Expectations, Attendance, and Tardiness for the Online Class in Middle School
- Time's Up!
- What Does it Mean to Be Late in Middle School?

### Being Responsible

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- How to Make Good Decisions
- It's Not My Fault! He Made Me Do It!
- Defining Self-Discipline
- Self-Discipline: Habits
- To Break or Not to Break? The Truth About Rules

### Bullying

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- Am I a Bully, Bystander, or a Target?
- Be an Upstander
- Being an Upstander
- Harassment and Bullying
- What Is Harassment?
- Will You Stand By or Stand Up?

### Conduct

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- Busted on the Bus: What Happens when You Choose to Break Bus Rules
- Defiance in School  
(CONTENT ADVISORY\*)
- Discrimination and Sexism
- Gossiping and Rumors
- Healthy Relationships
- The Dangers of Trespassing
- Understanding the Effects of Vandalism
- What Is Sexual Harassment?  
(CONTENT ADVISORY\*)
- What Is Vandalism?

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\* May contain content that is sensitive for some students. Please preview content before assigning lessons to students.

## Middle School *continued*

### Digital Safety

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- Cyberbullying and the Dangers You Face
- Cyberbullying Dangers
- Cyberbullying: How to Protect Yourself
- Cyberbullying in Middle School
- Cyberbullying: What You Need to Know
- Digital Responsibility in High School
- Digital Safety is Your Responsibility
- Navigating the World of Digital Citizenship  
**(CONTENT ADVISORY\*)**
- Pause Before the Click
- Protect Yourself Online
- Responsible Online Behavior
- The Damage You Do
- User Beware: The Scary Side of the Internet

### Honesty

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- Consequences of Cheating and Plagiarism
- How to Prevent Plagiarism
- Identifying and Defining Plagiarism
- Theft: The Aftermath
- What Is Theft?

### Respect

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- Consequences of Disrespect
- Racism and Tolerance: Move Toward Inclusion and Acceptance
- Racist Slurs and Derogatory Language  
**(CONTENT ADVISORY\*)**
- Tolerance and Discrimination
- What Is Respect in Middle School?
- What's the Big Deal? The Impact of Racial and Discriminatory Behavior
- You Said What?

### Substance Abuse

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- Marijuana Addiction
- No Smoking, No Vaping!
- Teen Alcoholism:  
What Middle Schoolers Need to Know
- The Dangers of Smoking, Vaping,  
and Sniffing
- The Dangers of Marijuana Use
- Vaping Is Dangerous
- Vaping: Are the Consequences Worth it?
- Vaping: How to Handle Peer Pressure
- Vaping: We're Not Just Blowing Smoke
- What Is Vaping?
- What You Should Know About Addiction

## High School

### Anger Management & Self-Control

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- Impulse Control
- Keeping Your Cool: Controlling Your Anger and Resolving Conflicts
- Learning the Consequences of Aggression (CONTENT ADVISORY\*)
- Self-Control: Keeping Control of Your Actions
- Self-Control: The Consequences of Losing Control
- What Is Self-Control?

### Attendance & Tardiness

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- Consequences of Being Late
- Expectations, Attendance, and Tardiness for the Online Class
- Learning How to Manage Your Time
- Skipping Class: How Missing Class Affects Everyone
- What Does it Mean to Be Late in High School?

### Bullying

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- Bullying 101
- Consequences of Bullying and Harassment
- Harassment and Bullying
- Identifying and Defining Harassment and Bullying
- Preventing Harassment
- Stomp Out Bullying

### Conduct

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- Busted on the Bus: What Happens When You Choose to Break Bus Rules
- Class Conduct Determines Future Success
- Consequences of Disruptions
- Consequences of Sexual Behaviors at School (CONTENT ADVISORY\*)
- Crossing the Line: Sexual Harassment
- Defiance (CONTENT ADVISORY\*)
- Disruptions: Identifying & Defining Disruptions
- Disruptions: Preventing Disruptive Behavior
- Important Decisions and Impulse Control
- Impulse Control
- Vandalism: Stopping It
- Vandalism and Misuse of School Property

### Digital Safety

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- Being Social on Social Media
- Confronting Cyberbullying
- Consequences of Cyberbullying
- Cyberbullying in High School
- How Digital Distractions Destroy Our Ability to Get Things Done
- How Safe Are You Online?
- Navigating the World of Digital Citizenship (CONTENT ADVISORY\*)
- Sexting Is not Sexy
- Understanding the Effects of Cyberbullying
- Unsafe Behaviors in the Digital Community



## High School continued

### Honesty

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- Consequences of Cheating and Plagiarism
- Consequences of Stealing
- How to Prevent Plagiarism
- Identifying and Defining Plagiarism
- Preventing Theft in the Community
- What Is Theft?

### Respect

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- Communication Skills to Use with Teachers, Employers, and Parents
- Consequences of Disrespect
- Creating a Community of Respect
- The Harm of Racism and Discrimination
- What Is Respect?

### Substance Abuse

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- Avoiding the Vape Hype
- Crimes While Under the Influence
- Danger and Consequences of Vaping
- Dangers of Vaping
- Driving While Intoxicated  
(CONTENT ADVISORY\*)
- Illegal Drugs and You:  
A Lethal Combination
- Is Vaping Safe?
- It Could Happen to You
- Prescription Drug Abuse Among Teenagers
- Seeking Help for Addiction
- Sexual Assault and Alcohol
- Teen Alcoholism: What You Need to Know
- The Dangers of Vaping and E-Cigarettes
- Up in Smoke: Teen Addiction to Marijuana
- Vaping: Do You Know what You're Doing to Yourself?

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