



MENTAL HEALTH FIRST AID

A.L.G.E.E.

A: Assess for risk of suicide or harm.

L: Listen nonjudgmentally.

G: Give reassurance and information.

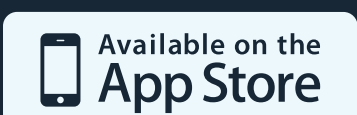
E: Encourage or initiate appropriate professional help.

E: Encourage self-help and other support strategies.



P3 Campus

Careful, anonymous reporting.



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