

Keys to an Achievable Outcome

01. What specifically do you want? Stated in the positive, present-tense, as if you already have it. Clearly defined, vibrant, written goals in all areas of your life (*spiritual, personal, family, business, financial, fun hobbies, travel*).

02. Where are you now in relation to the desired outcome?

03. What will you see, hear, feel etc. when you have it?

04. How will you know when you have it?

05. What will this outcome get for you or allow you to do?

06. Is it only for you or is it for others also?

07. Where, when, how and with whom do you want it?

08. What do you have now, and what do you need to get your outcome? Have you ever had or done this before? Do you know anyone who has? Can you act as if you have it?

09. For what purpose do you want it? What is your **why**? What will you gain or lose if you have it?
