



The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. **NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, contact Planstin Member Services at 888-920-7526. For general definitions of common terms, or other underlined terms, see the [uniform glossary](#).

Important Questions	Answers	Why This Matters:
What is the overall <a href="#">deductible</a> ?	\$0	See the Common Medical Events chart below for your costs for services this <a href="#">plan</a> covers.
Are there services covered before you meet your <a href="#">deductible</a> ?	Not applicable	All covered services are based on a <a href="#">copay</a> , percentage of cost or in-network rate, up to the visit and <a href="#">plan</a> limits.
Are there other <a href="#">deductibles</a> for specific services?	No	This <a href="#">plan</a> does not have a <a href="#">deductible</a> .
What is the <a href="#">out-of-pocket limit</a> for this <a href="#">plan</a> ?	Not applicable	This <a href="#">plan</a> does not have an <a href="#">out-of-pocket limit</a> on your expenses.
What is not included in the <a href="#">out-of-pocket limit</a> ?	Not applicable	This <a href="#">plan</a> does not have an <a href="#">out-of-pocket limit</a> on your expenses.
Will you pay less if you use a <a href="#">network provider</a> ?	Yes. See the <a href="#">PHCS website</a> or call 800-922-4362 for a list of <a href="#">network providers</a> .	This <a href="#">plan</a> uses the PHCS <a href="#">provider network</a> . You will pay less if you use a <a href="#">provider</a> in the plan's <a href="#">network</a> . You will pay the most if you use an <a href="#">out-of-network provider</a> , and you might receive a bill from a <a href="#">provider</a> for the difference between the provider's charge and what your plan pays ( <a href="#">balance billing</a> ). Be aware, your <a href="#">network provider</a> might use an <a href="#">out-of-network provider</a> for some services. Check with your <a href="#">provider</a> before you get services.
Are there prescription services?	Yes	<a href="#">Prescription</a> services available through OptumRx. The pharmacy help desk can be reached at 877-633-4461. Start using all features of your prescription card by going to the <a href="#">OptumRx portal</a> .
Do you need a <a href="#">referral</a> to see a <a href="#">specialist</a> ?	No	You can see the <a href="#">specialist</a> you choose without a <a href="#">referral</a> .



All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$20 copay/visit	\$50 copay/visit	Plan pays for a max of 5 visits per plan year. Plan pays a max of \$150 per visit.
	<a href="#">Specialist</a> visit	\$50 copay/visit	\$100 copay/visit	Plan pays for a max of 5 visits per plan year. Plan pays a max of \$300 per visit.
	<a href="#">Preventive care / screening / immunization</a>	No charge	Not covered	<a href="#">Preventive services</a> are required to be in-network with PHCS. Larger <a href="#">preventive services</a> , such as genetic testing, mammograms, colon cancer <a href="#">screening</a> , implant contraception, and obesity <a href="#">screenings</a> are excluded for the first year.
If you have a test	<a href="#">Diagnostic test</a> (x-ray)	\$50 copay/test	\$100 copay/x-ray	Plan pays for a max of 5 diagnostic x-rays per plan year. Plan pays a max of \$250 per x-ray.
	Lab/Blood work	\$10 copay/lab	\$25 copay/lab	Plan pays for a max of 10 labs per plan year. Plan pays a max of \$100 per lab.
	Imaging (CT/PET scans, Ultrasounds, MRIs)	\$200 copay/test	\$400 copay/test	Plan pays for a max of 2 imaging services per plan year. Plan pays a max of \$1,000 per test.
If you need drugs to treat your illness or condition More information about <a href="#">prescription drug discounts</a> is available at <a href="#">rx.planstin.com</a>	Tier 1 - Generic	\$10 copay	Not covered	Plan pays up to a maximum of \$150 per Rx.
	Tier 2 - Preferred brand	\$25 copay	Not covered	Plan pays up to a maximum of \$150 per Rx.
	Tier 3 - Non-preferred brand	\$50 copay	Not covered	Plan pays up to a maximum of \$150 per Rx.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	Not covered	Not covered	
	Physician/surgeon fees	Not covered	Not covered	
If you need immediate medical attention	<a href="#">Emergency room care</a>	Not covered	Not covered	
	<a href="#">Emergency medical transport</a>	Not covered	Not covered	
	<a href="#">Urgent care</a>	\$50 copay/visit	\$100 copay/visit	Plan pay for a max of 5 urgent care visits per plan year. Plan pays a max of \$300 per visit.

[\* For more information about limitations and exceptions, see the plan or policy document at [planstin.com/resources](#).]

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
<b>If you have a hospital stay</b>	Facility fee (e.g., hospital room)	Not covered	Not covered	
	Physician/surgeon fees	Not covered	Not covered	
<b>If you need mental health, behavioral health, or substance abuse services</b>	Outpatient Services	Not covered	Not covered	
	Inpatient Services	Not covered	Not covered	
<b>If you are pregnant</b>	Office visits (specialist)	\$50 copay/visit	\$100 copay/visit	Copays apply to specialist visit copay limit. Plan pays for a max of 5 visits per plan year. Plan pays a max of \$300 per visit.
	Childbirth / delivery professional services	Not covered	Not covered	
	Childbirth / delivery facility services	Not covered	Not covered	
<b>If you need help recovering or have other special health needs</b>	<a href="#">Home health care</a>	Not covered	Not covered	
	<a href="#">Rehabilitation services</a>	Not covered	Not covered	
	<a href="#">Habilitation services</a>	Not covered	Not covered	
	<a href="#">Skilled nursing care</a>	Not covered	Not covered	
	<a href="#">Durable medical equipment</a>	Not covered	Not covered	
	<a href="#">Hospice services</a>	Not covered	Not covered	
<b>If your child needs dental or eye care</b>	Children's vision acuity screening	No charge	Not covered	<a href="#">Preventive services</a> are required to be in-network with PHCS. <a href="#">Out-of-network preventive care</a> is not covered under this health plan.
	Children's glasses	Not covered	Not covered	
	Children's fluoride varnish	No charge	Not covered	<a href="#">Preventive services</a> are required to be in-network with PHCS. <a href="#">Out-of-network preventive care</a> is not covered under this health plan.

[\* For more information about limitations and exceptions, see the plan or policy document at [planstin.com/resources](http://planstin.com/resources).]

## Excluded Services & Other Covered Services:

### Services Your [Plan](#) Generally Does NOT Cover (Check your policy or [plan](#) document for more information and a list of any other [excluded services](#).)

- |                                       |                                   |                                    |
|---------------------------------------|-----------------------------------|------------------------------------|
| • Acupuncture                         | • Emergency Room Services         | • Major diagnostic tests           |
| • Adult Dental Care                   | • Essure                          | • Mammography Screening            |
| • Adult Vision Care                   | • Genetic Testing & Counseling    | • Mental health                    |
| • Anesthetic                          | • Hospital Admission or Facility  | • Obesity Screenings & Counseling  |
| • Bariatric Surgery                   | • Implant Contraception           | • Pathology Services               |
| • Cancer Screenings & Treatment       | • Infertility Treatment           | • Physical or Occupational Therapy |
| • Chiropractic Manipulative Treatment | • Inpatient or Outpatient Surgery | • Tubal Ligation                   |
| • Durable Medical Equipment           | • Labor & Delivery                | • Vasectomy                        |

### Other Covered Services (Limitations may apply to these services. This is not a complete list. Please see your [plan](#) document.)

- All covered services are limited by number allowed per plan year and maximum payable amount, per visit/lab/test.
- Preventive services/care are required to be in-network with PHCS. Out-of-network preventive care is not covered.
- Larger preventive services/care are excluded for the first year

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. To continue coverage after it ends, contact: Planstin Member Services at 888-920-7526 or [member@planstin.com](mailto:member@planstin.com). Other options to continue coverage are available to you too, including buying individual insurance coverage through the [Health Insurance Marketplace](#). For more information about the [Marketplace](#), visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 800-318-2596

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#).

For more information about your rights, this notice, or assistance, contact: Planstin Member Services at 888-920-7526 or [member@planstin.com](mailto:member@planstin.com).

### Does this plan provide Minimum Essential Coverage? **NO**

If you do not have [Minimum Essential Coverage](#) for a month, you will have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

### Does this plan meet the Minimum Value Standards? **NO**

If your [plan](#) does not meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a plan through the [Marketplace](#).

### Out of Network Claims Processing:

Except as otherwise required under state or Federal regulations, the maximum amount the plan is obligated to pay for services provided by a non-primary PPO provider will be the lesser of the provider's billed charges for covered services and an amount determined by one or more of the following, which we may sometimes modify to maintain the reasonableness of the Allowed Amount:

- Using current publicly available data reflecting fees typically reimbursed to providers for the same or similar professional services.
- Using amounts calculated based on what Medicare would reimburse for the services billed.
- Using the rates negotiated with the provider for all services provided under a non-primary network contract or claim-specific agreement.

## About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#), and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

### Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$0
■ Specialist Visit Copay	\$50
■ Imaging Copay	\$200
■ Lab Copay	\$10
■ Hospital (facility) [Not Covered]	0%

#### This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*) x5  
 Diagnostic tests (*ultrasounds*) x2  
 Diagnostic tests (*blood work labs*) x10  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services (*including anesthesia*)

<b>Total Example Cost</b>	<b>\$6,500</b>
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#### In this example, Peg would pay:

Cost Sharing	
Deductibles	\$0
Copayments	\$750
Coinsurance	\$0
What is not covered	
Limits or exclusions	\$3,000
<b>The total Peg would pay is</b>	<b>\$3,750</b>

### Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$0
■ Primary Care Visit Copay	\$20
■ Tier 2 Rx Copay	\$25
■ Lab Copay	\$10
■ Durable Med Equipment [Not Covered]	0%

#### This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*) x2  
 Diagnostic tests (*blood work labs*) x5  
 Prescription drugs (*monthly*) x12  
 Durable medical equipment (*glucose meter*)

<b>Total Example Cost</b>	<b>\$1,500</b>
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#### In this example, Joe would pay:

Cost Sharing	
Deductibles	\$0
Copayments	\$390
Coinsurance	\$0
What is not covered	
Limits or exclusions	\$350
<b>The total Joe would pay is</b>	<b>\$740</b>

### Mia's Simple Fracture (in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$0
■ Specialist Copay	\$50
■ ER Facility Services [Not Covered]	0%
■ Durable Med Equipment [Not Covered]	0%

#### This EXAMPLE event includes services like:

Rehabilitation Specialist services (*physical therapy*) x5  
 Emergency room care (*including supplies*)  
 Emergency room Diagnostic test (*x-ray*)  
 Durable medical equipment (*crutches*)

<b>Total Example Cost</b>	<b>\$3,000</b>
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#### In this example, Mia would pay:

Cost Sharing	
Deductibles	\$0
Copayments	\$250
Coinsurance	\$0
What is not covered	
Limits or exclusions	\$2,000
<b>The total Mia would pay is</b>	<b>\$2,250</b>

The plan would be responsible for the other costs of these EXAMPLE covered services.